

Here at Coleridge, we take behaviour extremely seriously. Our behaviour policy is for all children and is focussed on positive rewards/treats when children are behaving appropriately, however, there are also consequences for inappropriate behaviour. These consequences are often the loss of rewards or privileges. Parents will be involved at all stages, as they can have a major influence on children's behaviour.

We are aware that all individuals are different and some children have particular difficulties controlling their behaviour and may need extra help with this. In situations like this, there is some flexibility in the way the policy is managed for children with special needs and/or disability.

We believe that all children can improve their behaviour, so it is encouraged by praise and rewards. Our reward system in place is, **House Points**. We have linked the house name as to the core values of our school **Aspire, Desire, Believe and Achieve**. The 4 Houses have all been given 3 qualities. Teachers have looked at the characteristics and placed your child in the team that best suits their qualities.

Team Aspire	Team Desire	Team Believe	Team Achieve
Ambitious, Determined, Focus	Kind, Compassionate, Thoughtful	Tolerant, Accepting, Loyal	Courageous, Hardworking, Supportive

In each team there will be a staff house captain, along with 4 pupil house captains, 7 prefects, 7 Camerado Cadets, 7 Eco-Warriors and 7 Health & Wellbeing leaders. These children will have a vital role in making changes around school and ensuring that all children feel like they are leading Coleridge School forward. We will still collect team points for good behaviour, polite manners and exceptional work and this will culminate in Friday's celebration assembly with the winning team earning a prize.

Every Friday, children are given a fun time period of 30 minutes, at the end of the day. Inappropriate behaviour, means time is reduced from the 30 minutes. However, some individual children may need to receive more warnings than others before consequences are applied.

Additional support for behaviour is available from the school's Learning Mentor team where needed.

If you want to talk to someone about your child's behaviour, see their class teacher, Head teacher or the SENCO (S Ahmed).

Coleridge Leads the Way

TEAM BELIEVE - Tolerant, Accepting, Loyal

TEAM ASPIRE - Ambitious, Determined, Focused

TEAM DESIRE - Kind, Compassionate, Thoughtful

TEAM ACHIEVE - Courageous, Hardworking, Supportive

Staff House Captain

House Captain

Prefects

Camerado Cadets

Health & Wellbeing Leaders

Eco-Warriors

Inspiration

House Captain: "We did not come here to hear the rules, we came here to shape it!"

Staff House Captain: "You can do and be anything you want to be."

Prefects: "The child, the teacher, the book, you can change the world!"

Eco-Warriors: "You are never too small to make a difference!"

Camerado Cadets: "Love is the only force capable of transforming an enemy into a friend."

Health & Wellbeing Leaders: "However difficult life may seem, there is always something you can do and succeed at. It matters that you don't just give up."

Earn points for:

- Good Camerado:** Being kind and helpful to others
- Super Learner:** Showing a good attitude towards learning
- Brilliant Behaviour:** Behaving in a well-mannered, polite and courteous way and obeying the school rules

The ZONES of Regulation

Blue Zone Sad Bored Tired Sick	Green Zone Happy Focused Calm Proud	Yellow Zone Worried Frustrated Silly Excited	Red Zone overjoyed/Elated Panicked Angry Terrified

The Zones of Regulation is something new we have introduced in our school. Regulation is something everyone continually works on whether we are aware of it. We all encounter trying circumstances that test our limits from time to time. If we can recognize when we are becoming less regulated, we are able to do something about it to manage our feelings and get ourselves to a healthy place. This comes more naturally for some, but for others it is a skill that needs more attention and practice. This is the goal of The Zones of Regulation (or Zones for short)." –

As you can see in the above picture, there are 4 Zones, our role as a school is to make sure our children always/ majority of the time in the ‘Green Zones’ where they are feeling engaged, calm and happy. To do this, every class has a system in place, where the child will place themselves in a Zone for the adult to see. If a child is in any other Zone besides the Green, then the staff around the child, will make sure they understand why and help them get back to the Zone they need to be.

This could be through varies strategies, such as bonding through play, restorative practice and sensory circuit etc.

If you would like to use these Zones at home, please free to ask and we can get the resources ready for you, to implement at home with your children.



How can you help yourself?

The BLUE zone How might you feel? sad tired bored moving slowly What might help you? Talk to someone Stretch Take a brain break Stand Take a walk Close my eyes	The GREEN zone How might you feel? happy okay focussed ready to learn What might help you? The goal of this exercise is to get to the GREEN zone. What can you do to be happy, calm and ready to learn?	The YELLOW zone How might you feel? nervous confused silly not ready to learn What might help you? Talk to someone Count to 20 Take deep breaths Squeeze something Draw a picture Take a brain break	The RED zone How might you feel? angry frustrated scared out of control What might help you? Stop what I'm doing Make sensible choices Take deep breaths Ask for a break Find a safe space Ask for help
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