8 March 2023

Years 4 & 5 – Swimming Lessons
Starting on Tuesday 18 April 2023, 1.15 – 2.00 pm

Parent/Carer

Your child will be attending swimming lessons as part of their PE Curriculum. The swimming lessons will help them to develop the following;

- *Water confidence and water safety skills*
- *Master basic stroke techniques*
- *Participate in enjoyable social activity*
- *Participate in activities, which can help improve health and fitness*

Swimming takes place during school time on a Tuesday for a twelve-week period, starting on Tuesday 18 April 2023 (Timetable please turn over the page)

The children will leave school at 12.30 pm (lesson 1.15 pm) and walk down to St Ann's Leisure Centre and return to school for the end of the day. Please remind your child to bring their swimming kit on a Tuesday.

They will need the following items;

Girls:
- *A one-piece swimming costume (no bikinis please – see attached Swimming Swimwear Guidelines).*
- *A swimming hat*
- *A towel*

Boys:
- *A pair of trunks/shorts (no Bermudas or long sports shorts please as these can be dangerous– see attached Swimming Swimwear Guidelines).*
- *A swimming hat*
- *A towel*

The swimming costume, towel etc. should have a name tag clearly visible and carried to school in a waterproof or plastic bag. No Jewellery to be worn at all e.g. earrings or necklace

Swimming caps must be worn by all children (Swimming caps can be purchased on the day for £2.00, please give the money to their class teacher (to be worn every lesson).

Swimming Timetable

Week	Date – Tuesday 2023
1	18 April
2	25 April
3	2 May
4	9 May
5	16 May
6	23 May
7	6 June
8	13 June
9	20 June
10	27 June
11	4 July
12	11 July

Please find attached

1. **Swimming consent form to be completed and returned no later than Monday 13 March 2023.**

2. **School Swimming Swimwear Guidelines.**

Kind regards

 I Tankard

Mr I Tankard
Head Teacher

Encs