

17 January 2022

Dear families

Over the next few months, the year 6 children are going to be working with Claire Collingwood, Outreach worker for Early Help.

The children will take part in workshops that are age appropriate and will be presented to the children in single sex groups where appropriate. Some topics that will be covered are:

- Self-confidence and emotional wellbeing
- Body changes
- Healthy relationships
- Dangers of Social Media

These workshops will help to embed what the children have already been learning this year, and during the Big Talk at the beginning of the year.

If young people can make their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. The sessions in school may reinforce what you are already doing at home.

If you have any queries or questions about the sessions, please do not hesitate to contact me.

Kind Regards



Mr I Tankard
Head teacher